

Tri-Star Martial Arts Academy Summer 2013 Schedule

275 Industrial Drive, Bradley, IL (815) 932-5425 www.TriStarKarate.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:45-6:30 am Fitness Kickboxing	Little Ninjas 4-:430pm	5:45-6:30 am Fitness Kickboxing	Little Ninjas 4-:430pm	5:45-6:30 am Fitness Kickboxing	
8:30-9:15 am Adult Traditional	4:30-5pm Advanced & JBB Children		4:30-5pm Advanced & JBB Children	8:30-9:15 am Adult Traditional	
9:30am-10am Beginners & Intermediate 10am-10:15am Leadership 10:15am-10:45am Advance & JBB	5pm-5:15pm Leadership Class For Advance & JBB		5pm-5:15pm Leadership Class For Advance & JBB	9:30am-10am Beginners & Intermediate 10am-10:15am Leadership 10:15am-10:45am Advance & JBB	
10:45am-11am Private Lessons	5:15pm-5:30pm Private Lessons	5:30pm-6pm F.A.C.T. Class Law Enforcement Only	5:15pm-5:30pm Private Lessons	10:45am-11am Private Lessons	
Little Ninjas 4-:430pm	5:30-6pm Beginners Children	Little Ninjas 4-:430pm	5:30-6pm Beginners Children		
4:30-5pm Beginners Children	6pm-6:30pm Beginners Children	4:30-5pm Beginners Children	6pm-6:30pm Beginners Children		
5pm-5:15pm Leadership Class For Beginners & Intermediate	6:30pm-6:45pm Leadership Class For Beginners & Intermediate	5pm-5:15pm Leadership Class For Beginners & Intermediate	6:30pm-6:45pm Leadership Class For Beginners & Intermediate	4pm-6pm Private Lessons	
5:15pm-5:45pm Intermediate Children	6:30pm-7:15pm Adult Traditional below BB	5:15pm-5:45pm Intermediate Children	6:30pm-7:15pm Adult Traditional below BB		
5:45pm-6:15pm Advanced & JBB Children	6:45pm-7:15pm Intermediate Children	5:45pm-6:15pm Advanced & JBB Children	6:45pm-7:15pm Intermediate Children	6pm-6:30pm Easter Seals	
6:15pm-6:30pm Leadership Class For Advance & JBB	7:15pm-7:30pm Leadership Class For Adult Traditional	6:15pm-6:30pm Leadership Class For Advance & JBB	7:15pm-7:30pm Leadership Class For Adult Traditional	6:30pm-7:15pm Demo Team	
6:30pm-7:15pm Black Belt Class	7:30pm-8:15pm Adult Traditional below BB	6:30pm-7:15pm Black Belt Class	7:30pm-8:15pm Adult Traditional below BB		
7:15pm-8:15pm Muay Thai	8pm-9pm Submission Grappling	7:15pm-8:15pm Muay Thai	8pm-9pm Submission Grappling		
8:15pm-8:45pm MMA Open Grappling	9pm-10pm MMA Combat Sports Training	8:15pm-8:45pm MMA Open Grappling	9pm-10pm MMA Combat Sports Training		

SUMMER SCHEDULE
Beginning:
Monday, June 3rd
Ending:
Friday, August 30th
Kids Morning Classes
End Friday, Aug. 16th

Kickboxing	Leadership Class	Adult Traditional	Black Belt Class	Tiny Little Ninjas	Easter Seals
MMA Training	Private Lessons	Beginners Children	6-12 yrs old Intermediate	Advance & JBB Children	
					Revised 4-22-2013