

ma *Fastbreaks*

A MEMBER NEWSLETTER FROM MARTIAL ARTS INDUSTRY ASSOCIATION

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Make Martial Arts a Declaration of Your Independence

by Mr. Brumitt

For kids, Independence Day is not the Fourth of July, but the day they turn 18 years old! The fact is that children start their drive toward independence at a much earlier age and some parents are reluctant to support that quest. Parents nurturing instincts are to provide for all their children's needs.

However, allowing children to develop independence helps them take on responsibilities and teaches them to be accountable for their actions. When children make their own decisions, they control the end result. They will learn that their actions have consequences and experiences will prepare them for life on their own. The more "experiences" they have, theoretically, the better prepared they will be to become independent adults.

As parents in a perfect world, we would let kids be independent as often as possible, give them responsibilities, monitor their results, and hold them accountable... good or bad. In reality parental influence is just one variable in a child's life and our kids make independent decisions many times without us on a daily basis, at school and so forth.

So how can we ensure that their learning experiences are positive? Unfortunately, there is no foolproof strategy. However, we can provide children with tools to give them the best chance for success. We believe there is no better tool than martial arts training.

Martial art training builds self-confidence in children, which is the ultimate internal support system. Confident children make decisions unaffected by peer pressure and base decisions on the values instilled in them. In addition, confidence allows children to welcome independence rather than be fearful of it.



As instructors, we hold students accountable in various areas, such as arriving at class on time, looking neat and clean, practicing at home, and showing respect to fellow students and teachers. While some of these areas, such as transportation to class, may not be totally in the students' control, holding them accountable teaches them the importance of each responsibility.

Parents of older children agree that it seems like "yesterday" that their kids were young and totally dependent. Time moves fast. It's important to cherish that time when children are young, but to stay one step ahead of their natural tendency towards independence. We want you to know that as martial arts instructors we recognize our importance in your child's life. And together, we can pledge allegiance to the goal of helping your children prepare for the independent years ahead.

Summer 2011 Overnighter

Parents, drop your child off with us for an overnighter packed full of MARTIAL ARTS training, a movie, games, Food, and other activities! We'll keep your little one(s) supervised, and entertained while you take a break...

Drop off time: 7:30PM Latest pick up time: 7:30AM

Cost is: \$25 first person in the family / \$20 second person / \$15 three of more.

Date: Friday, July 22nd-23rd

Ages: 6-12

Limit: 50 Students Only

Pick up time is **7:30 a.m.** There is a **late pick-up fee** of \$1.00 for every 1 minute you are late. Please be prepared to pay upon pick-up.

No exceptions! No excuses! We try very hard to accommodate your needs, but we must have guidelines to make everything run smoothly at **Tri-Star**. Please help us to better serve all of our members. THANK YOU

Mr. Brumitt's















**Studio Famous Hot Dogs
& Smores Will Be Provided**



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"Martial Arts for the Whole Family"

July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Lemonade Day 	2
3	4	5	6	7	8	9
Studio Closed—Happy 4th of July						
10	11 Patriotic Day 	12 Patriotic Day 	13 Swim Goggles Day 	14 Swim Goggles Day 	15 Swim Goggles Day 	16
17	18 Sports Team Day 	19 Sports Team Day 	20 Vacation T-Shirt Day 	21 Vacation T-Shirt Day 	22 Vacation T-Shirt 	23 <div style="border: 1px solid black; padding: 2px;">Overnighter 7:30pm - 7:30am July 22-23</div>
24	25 Karate Bottoms, Belt & T-Shirt	26 Karate Bottoms, Belt & T-Shirt	27 Popsicle Day 	28 Popsicle Day  MMA Test	29 Popsicle Day 	30
Sparring Week (Karate Bottoms, Belt & T-Shirt required)						